

July 2005

Jockeys pick up MEDIA TIPS

A JETS Media Training course, rescheduled from Haydock to Newbury on 28 June, attracted the participation of Shane Walsh, JP McNamara and Mark Nicolls.

The course, which put delegates into some typical racing media scenarios received positive feedback from delegates:

"It covered everything I wanted, including radio work, speaking in front of a camera and interview technique. It was so useful to watch and listen to yourself on videotape. The camera work was very professional. I know I'm definitely going to feel more confident now being interviewed and it was great to be learning alongside a group of jockeys I know well" commented Shane Walsh.

Adds Lisa Delany: "This was just one of a series of media courses we hold regularly and I have to say that it was one of the best groups I have attended. Each is tailor made to familiarise jockeys with the media experiences they are likely to come across while riding and provide an opportunity to give feedback on each other's performances.

"It's always difficult to fit training around a busy riding schedule but it's well worth while investing the time. The more natural you find the media attention, the more you can stay focused on your riding," ends Lisa.

The next course at Haydock on 12 July is already full but look out for our next one in the Autumn in Newmarket. All our media courses are available to jockeys of either code and other qualified JETS candidates. Fees will be subsidised for qualifying candidates.



(Left to Right) Derek Braithwaite from Redletter Sports Media with Shane Walsh



(Left to Right) Derek Braithwaite with Mark Nicolls

Morris lands dream job



Derrick Morris

Former jockey and trainer, Derrick Morris, has just started a full-time job as a Jockey Club Stable Inspector. He joins as the fifth member of a previously 4 strong-team of Inspectors who between them cover the whole country.

Derrick had completed various computer skills courses and will be putting his IT skills to use in his new role, when reporting to base. He will start the role by shadowing each of the other 4 inspectors and completing a week's training at Shaftesbury Avenue.

"I have always wanted to work for The Jockey Club and look forward to putting something back into a sport I am so passionate about," ends Derrick.

"Derrick has always been incredibly forward-thinking in his career development. He has constantly made an effort to build his skills and knowledge. He was certainly a very strong candidate for a role such as this and I know he will make an excellent contribution to the team," ends Lisa.

Riding Overseas - another opportunity

28 year old NH jockey Willie Dowling came to JETS for help in approaching jump trainers in America for work over there.

JETS helped him prepare his CV and the supporting career paperwork required by the American Embassy to obtain a visa. Having first spent 3 months based with Jack Fisher in Maryland where he rode a few winners and thoroughly enjoyed the experience, Willie

is now waiting for the full visa to come through so that he can embark on a new international riding career.

"JETS is not just there to help you find opportunities outside riding. We can also help you to talk through other ways to further your career, like riding abroad," explains Lisa for JETS.



Willie Dowling

LAST CALL
for Richard Davis
Award applications

If you're quick,
there's still time to
put in an application
for the valuable prize
grants on offer, worth
a total of over £2,500.

Entries close Monday
15 August 2005.

Application forms
and advice on how to
apply can be obtained
by contacting JETS.

WHO'S TRAINING NOW

These are just a few of the jockeys currently investing in their future by acquiring new skills:

NAME	COURSE
Sean Curran	NVQ Level 3 in Racehorse Care & Management
Rodney Farrant	BHEST Trainers Modules: NVQ Level 3 in Racehorse Care & Management & Business Skills
Paul Griffiths	NVQ Level 3 in Racehorse Care & Management
Natalie Jankiewicz	Introduction to Sports Psychology
JP McNamara	IT Skills
Russell Price	BHEST Trainers Module: Business Skills



JP McNamara

Cheryl graduates with flying colours

Former flat jockey, Cheryl Nosworthy, who moved on from race riding following serious injuries to her spine, leg and wrist (which put her in and out of hospital and a wheelchair for a year) has just completed a university degree with flying colours.



Cheryl (with Lisa Delany) at the Richard Davis Awards 2002

She has graduated from Reading University with a first class BSc Degree course in Human Geography and won the award for the best dissertation (an analysis of the position of lady jockeys in the sport) for her year. Having rebuilt her fitness, Cheryl is now also starting to enjoy race riding again as an amateur, based with Eric Wheeler.

"I have really enjoyed my study and am now thinking through all my future options. Without JETS and the Injured Jockeys Fund, I wouldn't even have contemplated doing a degree, let alone afford it."

Forthcoming Training Courses which could be of interest:

Course	Date
Newmarket	
Media Training – Level 1	Oct/Nov 2005
British Racing School	
Racehorse Care & Management (Module 1)	8-12 Aug 2005 13-17 Feb 2006
Racing Secretary Course	2-3 Aug 2005 18-19 Oct 2005
Business Management (Module 2)	7-11 Nov 2005
Staff Management (Module 3)	12-16 Dec 2005
BEVA/BVDA Advanced Theoretical	
Equine Dental Technician Course	26-27 Aug 2005
Institute of Groundsmanship	
Intermediate Groundsmen Course	13-18 Nov 2005

CONGRATULATIONS TO:

Rodney Farrant who has achieved his NVQ Level 3 in Racehorse Care and Management.

John Pritchard who has completed his Advanced Apprenticeship, through The British Racing School, which includes the NVQ Level 3 in Racehorse Care and Management.

Eamon Dehdashti who has completed his Advanced Apprenticeship, through The British Racing School, which includes the NVQ Level 3 in Racehorse Care and Management.

Russell Price who has completed the process of gaining his Trainer's Licence and had his first runners in June.

JETS ON-COURSE

Lisa will be based in the Weighing Room before racing on the following dates:

July 25	Southwell
August 4	Chepstow
August 9	Newton Abbot
August 18	Fontwell
August 22	Windsor

Jockeys are welcome to make advance appointments or stop by for an informal chat on the day. Watch out for other and later dates in The Racing Post and future issues of The JETS Journal.

For more information, make sure you have a copy of the JETS Video 'A Winning Formula for your Future' to refer to. Free copies available on request.

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