

THE JETS JOURNAL

The Newsletter of the Jockeys Employment & Training Scheme



OCTOBER 2007

ADRIAN MOVES TO NEW ARENA



Adrian celebrates his race riding career

After a 15 year race riding career, former NH jockey and JETS candidate, **Adrian Scholes** has recently taken on a new role as one of the Heads of stall handlers for Arena Leisure. As well as being out on course, this new management role encompasses responsibility for budget management and wages, where Adrian is putting into practice the financial qualifications he gained over the last 10 years with JETS' support.

"I started taking my first book keeping course and worked up to an Open University Diploma in Accountancy, really just to ensure I had some skills to fall back on. I did not have a direct career in accountancy in mind, but now of course, it's all proving very useful," comments Adrian.

SPOTLIGHT ON CAREER COACHING: Gino Carenza

Former NH jockey, **Gino Carenza** moved on from race riding to a new career as a carpenter last year. He reflects on how useful his initial consultation with JETS was:

What made you want to be a jockey?

I've been around horses from a young age. My dad was a point-to-point jockey and I did a lot of hunting, show jumping and point-to-point riding when I was younger so becoming a jockey was a bit of a natural progression.



Gino at work

When you started out, did you think it would be your only profession?

As many young lads do, you think that's all you're ever going to do and that it is going to last forever. But when you start to grow up and progress, you realise the risks and sacrifices that come with race-riding. I realised that I would eventually have to start thinking about an alternative career.>>

PROPERTY MOVE FOR STRINGER

Former jump jockey, **Patrick Stringer** contacted JETS after a bad leg injury and has now been successful in securing a new job as a Lettings Negotiator for Andrews estate agents in Swindon. Just two weeks into the job and he has already let 5 houses. "Getting used to a new routine is very strange, but seeing results is what it's all about!," says Patrick.



RICHARD DAVIS AWARDS PRESENTATIONS

A record number of applications have been received for The 2007 Griffins Richard Davis Achievement Award and Injured Jockeys Fund Progress Award which will be presented before racing at Cheltenham Racecourse on Sunday 18 November.



Who's Training Now

These are just a few of the jockeys who have recently undergone training or who are currently investing in their future by acquiring new skills:



NAME	COURSE
Robert Biddlecombe	SMS Saddle Fitters Course
Elliott Cooper	LGV Driver Training
Jason Edmunds	Spanish Language Skills
Howie Ephgrave	RYA Day Skipper/Yachtmaster
Richard Forristal	Postgraduate Diploma in Education
Alan Munro	Mandarin Language Skills
Greg Richards	NVQ Level 3 Racehorse Care & Management BRS Trainers Module 1, Module 3
David Skyrme	Marketing Training
Gareth Thomas	LGV Driver Training
Dawn Watson	LGV Driver Training



JETS MEDIA TRAINING LATEST

The latest JETS media training day was held at Wincanton on 3 October and was attended by four conditionals: **Darren O'Dwyer, Jonjo Milczarek, Wayne Kavanagh** and **Bernie Wharfe**.

JETS would like to thank both their trainers for releasing them from work commitments to enable them to attend and Wincanton racecourse for kindly hosting the day.

This was what they said on completing the course:



■ "If I was interviewed tomorrow, I would now feel much more confident. The course gave us

really helpful tips on preparation and presentation" (**Darren**)

■ "I felt a lot more comfortable in front of the camera at the end of the day." (**Jonjo**)

■ "It really helps to get a lot of time to practice in front of the camera and to know the do's and don'ts." (**Wayne**)

■ "By the end, I felt much more confident speaking to camera and would definitely like to build on the basic work." (**Bernie**)

JETS Media training courses run regularly, according to demand and are heavily subsidised. Call Lisa now to register your interest in a future course.

JETS On- course

Lisa will be based on-course, in the weighing room, before racing, or in the following areas on:

25 October, Ludlow

02 November, Wetherby

08 November, Newmarket Area (not racing)

13 November, Sedgefield

19 November, Wolverhampton

28 November, Chepstow

06 December, Newmarket Area (not racing)

13 December, Sedgefield

Congratulations to:

■ **Greg Richards** who has achieved the NVQ Level 3 in Racehorse Care & Management.

■ **Gareth Thomas** who has passed the LGV Class 2 Licence.

■ **Elliott Cooper** who has passed the LGV Class 2 Licence.

■ **Dawn Watson** who has passed the LGV Class 2 Licence.

■ **Richard Forristal** who graduated from University College Cork in August with a 2.1 Grade Bachelor of Arts Degree and is undertaking a Postgraduate Diploma in Education.

Spotlight on career coaching (cont'd)

What made you contact JETS?

I had seen Lisa at several racecourses when I was race riding, helping other jockeys and heard how JETS had helped others. So, when I started to struggle with my weight, I decided to go and see Lisa to discuss what options were available to me.

In what ways did your Career Coaching consultation help?

When you are a jockey, you are not really aware of what else is available. Most of us haven't really thought of life after racing and it can get a bit daunting having to decide what is the best direction to choose. I had an idea of what I would like to do but didn't know how to make it happen

and that's where Lisa's help was invaluable.

What did you do next?

Lisa ran me through what support JETS could offer me and which course I needed to get for my new career and just made the whole process a lot easier. I had contacted Lisa in March so I decided to race until the start of my course in September.

Do you miss the race riding?

Yes I do miss it and it's probably the reason why I haven't sat on a horse for a year and a half; but I'm really glad I made my career move when I did it and I've found that the camaraderie with the team out on site is much the same as the 'craic' of the weighing room.

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Notes & Acknowledgements

This issue's photographs courtesy of:
The Racing Post and Les Hurley

Printed by Apple Print of Newbury